

MENTORING SYSTEM

- 1.** At each Course a list of mentors will be displayed. It is the responsibility of the Trainee Coach to approach one of these individuals and work with them towards their accreditation.
- 2.** Mentors will be available to provide assistance and advice for the delivery of the training session and plans.
- 3.** Trainee Coaches will advise the Course Presenters of the name of their Mentor within 4 weeks of the completion of the Course.
- 4.** Mentors will need to complete the Verification Form (which will be submitted with the Trainee Coach's application).
- 5.** The Mentor Coach will need to verify that a Coaching Log is being kept.
- 6.** The following criteria will be used to assess competency:
 - *session is appropriate to the needs and ability of paddlers*
 - *appropriate equipment (including safety gear)*
 - *appropriate venue*
 - *session is thoroughly planned*
 - *warm up and cool down activities included*
 - *stretching included*
 - *appropriate skill progression*

April 2011

- *utilises appropriate teaching methods*
- *instructions are clear and concise*
- *demonstrations are clear and concise*
- *appropriate risk management and safety considerations observed*
- *appropriate feedback provided to paddlers*
- *feedback on effectiveness of the session is sought from paddlers*
- *session is appropriate to training phase*